



MACRO FRIENDLY (& SOME FUN!) Grocery Favorites

PANTRY

- **Chosen Foods** Avocado Oil Spray
- **Safe Catch** Wild Tuna Packets in Garlic Herb & Citrus Pepper
- **Epic Artisanal** Bone Broth
- **Veggiecraft** Mac & Cheese made with Cauliflower single serve container
- **Puffins** in Honey Rice flavor
- **RX Oats** single serve containers
- **Kodiak Cakes** Oatmeal Power Cups
- **Lakanto** Maple Flavored Syrup
- **Simply Organic** Southwest Taco Seasoning
- **Noble Made** BBQ Sauce
- **Big Tree Organic** Coconut Aminos
- **Explore Cuisine** Black Bean & Edamame pastas
- **Palmini** Hearts of Palm Linguine

Premade Deli:

Greek Salad

Caesar Salad (they make an amazing homemade dressing!)

Tokyo Bowl

Chicken Burger

Peanut Tofu

Pesto Chicken Salad

Tuna Salad

4 Peas Pasta Salad

Vegan & Gluten Free Chickpea Cookie Dough (!)



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Snacks / Bars / Protein

- **Smart Sweets** gummy candies - sour blast buddies or gummy bears
- **Lily's Chocolate** (sweetened with stevia) in Dark Chocolate Coconut
- **Kalahari Bitlong** Beef Jerky
- **Poshi** Artichokes with Basil & Thyme
- **No Cow Protein Bars** in Chocolate Mint, Peanut Butter or Peanut Butter Chip
- **Garden of Life Sport** performance protein bars in chocolate mint or chocolate peanut butter
- **RawRev** Protein Bars in Salted Creamy Peanut Butter
- **Nicks Sticks** Turkey Sticks (first choice) Chicken sticks (second choice)
- **Chomps** Salt & Pepper Venison Sticks
- **Munk Pack** Minis in Snickerdoodle

Refrigerated Section

- **Soy Boy** Soy Tempeh
- **Applegate Farms** Uncured Turkey Pepperoni
- **Applegate Farms** Honey & Maple Turkey Breast
- **Applegate Farms** Uncured Sunday Bacon
- **Good Culture** Low Fat cottage cheese
- **Siggis** 0% Greek Yogurt
- **OWYN** Protein Shake in Cookies & Cream
- **Taste Nirvana** Coconut Water with Pulp



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Frozen Section

- **Kashi Gluten Free** Cinnamon Waffles
- **Outer Aisle** PlantPower Sandwich Thins
- **Sweet Earth** Mindful Chk'n Strips
- **Alexia** Oven Crinkles with sea salt
- **Osso Good** Signature sipping bone broth
- **Plainville Farms** Quarter Pound Turkey Burgers

Bread & Snacks

- **Organic Sprouted Power** Bagels and Sliced bread
- **Tumaros** Carbwise Ancient Grain
- **Siete** Grain Free Tortilla Chips in Lime
- **Lesser Evil** Popcorn in Himalayan Gold
- **Gimme Organic** Seasalt Roasted Seaweed
- **Stacy's** Pita Thins in Seasalt
- **Epic** Pork Rinds in BBQ